



Aliaa Alaa Eldeen Mohammed Esmail

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PERSONAL INFORMATION:

- Date of Birth: 28/6/1999.
- Gender: Female.
- Nationality: Egyptian.
- Marital Status: Single.

EDUCATION:

- Sep 2017 – June 2021
 - Faculty of Physical education, Helwan University
 - Bachelor's degree in Physical education

PROFESSIONAL EXPERIENCE:

- **Swimming coach at ElZamalek club**
 - **Location:** ElZamalek
 - **Duration of employment:** 6 months
 - **Job Title:** Coach

- **Swimming coach at star water sports club**
 - **Location:** Kerdasa
 - **Duration of employment:** 3 months
 - **Job Title:** Coach
- **Personal trainer at H2O Gym**
 - **Location:** Al Haram
 - **Duration of employment:** 4 years
 - **Job Title:** Coach
- **Personal trainer at Xfitness Gym**
 - **Location:** Hadayea AlAhram
 - **Duration of employment:** 3 months
 - **Job Title:** Coach

- **Personal trainer at Step Gym**
- **Location:** Cairo sporting club
- **Duration of employment:** 4 months
- **Job Title:** Coach

- **Personal trainer at Fitness HUB Gym**
- **Location:** 6 of october
- **Duration of employment:** 4 months
- **Job Title:** Coach

Skills:

Computer Skills (ICDL):

- Microsoft office (Word-Excel-Power point)

Language Skills:

- Arabic: Mother Tongue
- English: Excellent command of both written and spoken English

Human Skills:

- A self-motivated and hard working personal officer.
- Able to work as part of a team.
- Proven leadership skills, including managing and motivating other staff to achieve company objectives
- An effective communicator at all levels within an organization.
- Good problem solving and analytical skills.
- Public speaking talent & delivering info ability.

COURSES OBTAINED:

- Pre nutrition.
- program design.
- Leadership.
- Planning and time management.
- Teamwork skills.
- Self-confidence.
- Art of negotiation.
- Art of persuasion and influence.
- Setting goals.
- Presentation skills.
- Creative thinking.
- Communication skills.
- Success by the way of you and positive energy.