

Omar Ashraf

Football coach

Summary

Football coach with seven years of experience developing and leading recreational youth and high school football teams. Utilizes training in education and sports medicine to effectively and safely coach student athletes. Skilled at recruiting athletes and building trust and commitment in teams.

Education

Bachelor's Degree **September, 2014 - June, 2019**
Helwan University
Bachelor's Degree in economics from faculty of commerce

Work Experience

Football Coach **May, 2016 - ,**
Olympic Center for international teams
Provide training direction, encouragement, motivation, and nutritional advice to prepare athletes for games, competitive events, or tours.
Plan, organize, and conduct practice sessions.
Explain and enforce safety rules and regulations.
Cairo, Maadi

Training & Certifications

The basic course of trainers **2017**
The Egyptian Football Association

premium skills **2018**
British Council

Personal Information

Gender : Male
Marital Status : Single
Birth Date : 03/10/1997
Nationality : Egyptian

Personal Interests

football
running
Cycling
swimming

Profile Info

Address
Cairo - 15 May City

Phone
01128080122

E-mail
omarashrafhamed7@gmail.com

Skills

Communication skills

● ● ● ● ●

Physical and endurance training

● ● ● ● ●

Creativity

● ● ● ● ●

Multi-tasking skills

● ● ● ● ●

Leadership skills

● ● ● ● ●

Effective coaching methods

● ● ● ● ●

Facilities and equipment maintenance

● ● ● ● ●

Training and developmental

● ● ● ● ●

Scheduling

● ● ● ● ●

Time management

● ● ● ● ●

Inventory management

● ● ● ● ●

Languages

English : Intermediate

Arabic : Expert