# **Tarek Mostafa**

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## **Objective**

 Self motivated survival Instructor seeking to work and develop as a trainer for safety in oil and gas field

### **Work Experience**

#### **Safety instructor**

Petrolift

Feb 2020 till present

- Delivering and presenting (firefighting, First aid, sea survival and Helicopter sessions) for the target audience in theoretical and practical way in courses Bosiet, T-Bosiet, Foet, T-Foet, Huet and T-Huet
- Asses the delegates evaluation and performance

#### **Swimming Trainer**

June 2023 till present

Value Academy

Coaching swimming sessions for beginners and advanced level

#### **Swimming Trainer**

May 2018 - April 2019

Faculty of physical Education

### **Education**

#### **Faculty of Physical Education**

2017 - 2021

**Helwan University** 

• Majoring in Diving

#### **Courses**

- Bosiet course includes (Firefighting, First Aid, Sea survival, Helicopter)
- Scuba Diving (Open water , Advanced rescue , EFR)
- Aida international free-diving (Aida 1, Aida 2)
- TOT course
- Rescue and lifeguard

#### Reference

Reference is available upon request